



THE KENYA NATIONAL EXAMINATIONS COUNCIL

SCHOOL BASED ASSESSMENT

Physical and Health Education

Grade 4 SBA – 2023 Scoring Guide

(Regular)

Key for rating the learner's performance.

- i. **Performance Level 4 (PL 4) (Exceeding Expectation)** indicates that the learner has not only perfected /mastered the required skill but also exhibits exemplary skills that are above those required of his/her grade/age.
- ii. **Performance Level 3 (PL 3) (Meeting Expectation)** indicates that the learner has acquired the required skill.
- iii. **Performance Level 2 (PL 2) (Approaching Expectation)** indicates that the learner has acquired **some** skills but has not fully mastered them.
- iv. **Performance Level 2 (PL 1) (Below Expectation)** indicates that the learner is yet to develop the specified skills.

Written task on PHE skills and concepts

(The learner writes the responses in the space provided)

Expected Responses

- | | |
|--------------------------------------|----------|
| 1. On your marks | (1 mark) |
| 2. Four posts | (1 mark) |
| 3. Athletics track | (1 mark) |
| 4. Stance, Take off, Flight, Landing | (1 mark) |

- | | |
|---|-----------|
| 5. Underarm pass | (1 mark) |
| 6. Two-handed catch | (1 mark) |
| 7 Single foot rope jump | (1 mark) |
| 8. Two- action sequence | (1 mark) |
| 9. <u>D</u> <u>C</u> <u>A</u> <u>B</u> | (1 Marks) |
| 10. Pump blood (Blood circulation)
Transport oxygen
Transport food nutrients
Remove waste from the body (<i>Any one response</i>) | (1 Mark) |
| 11. Dehydration | (1 Mark) |
| 12. Gloves | (1 Mark) |
| 13. First aid box/kit | (1 Mark) |
| 14. collecting litter/ not to litter the place | (1 Mark) |
| 15 To cool down after the vigorous lesson activities | (1 Mark) |

Rubric rating the learner’s performance

1. Use the scoring guide provided for questions 1 to 15 to score each learner's work.
2. Rate the learner’s performance in task 1 under four performance levels as follows:
 - i. **Performance Level 4 (PL 4) (Exceeding Expectation)** where the learner responds correctly to 14 or 15 questions.
 - ii. **Performance Level 3 (PL 3) (Meeting Expectation)** where the learner responds correctly to 10 to 13 Questions.
 - iii. **Performance Level 2 (PL 2) (Approaching Expectation)** where the learner responds correctly to 6 to 9 Questions.
 - iv. **Performance Level 1 (PL 1) (Below Expectation)** where the learner responds correctly to 1 to 5 Questions OR does not respond correctly to any of the questions.

